



Regional Project approved

The Autonomous Region of Sardinia (RAS) approves the proposal presented by the SCA on behalf of all Sardinians in Australia



The SCA is extremely pleased to announce that it has recently been advised that the Progetto Regionale - *Sapori e Profumi della Cucina Sarda in Australia* developed in 2016 and presented for consideration in 2017, with an operating Budget of €30,000, has been approved. A funding advance has also been received which will enable work on the Project to commence in September 2018.

It is not the first time the SCA undertakes such Projects with substantial Budgets, as in the past it has successfully organised a number of these, of interest to the Italo-Australian and Australian community as a whole, across different spectrums.

Some of these have been, in 1997, *Scoprendo La Sardegna a Concordu* (approximately €130,000), in 2008, the mural *Il Viaggio Continuo Dove Fiorisce Il Rosmarino* (approximately €35,000), in 2010 *Energia e Ambiente Sostenibile Melbourne e Cagliari* (approximately €50,000) and in 2011 approximately €40,000).

The SCA has not made any submissions of this nature since 2012 due to the suspension of funding as a result of economic difficulties in Italy therefore, we are extremely excited with this latest development.

By way of background, the Project which has been approved was an idea presented some time ago by Jennifer Curcio - past Spokesperson of the SCA's Next Generation - *Giovani* initiative, The Project was subsequently finetuned at a workshop attended by representatives from interstate, held in Melbourne on November 2016, and submitted for consideration in June 2017.

The Project will collect Sardinian recipes

prepared and cooked by the Sardinian community in Australia.

The end result will be the publication of a book which, in addition to highlighting the rich heritage of Sardinian regional cuisine, it will also promote its culture, traditions not only to the Italo-Australian community, but especially to the wider Australian one.

The book will feature the authors of the recipes, their origin, how they are prepared, cooked and the products used. At the same time it will celebrate the contribution of the Sardinian community in Australia in maintaining and spreading culture, interest and love towards the region of origin. No less important is the goal of collecting and documenting recipes, traditions, stories and culture in general, so that they can be handed down to new generations. This is especially relevant in Australia, a multicultural country where different and numerous cultures coexist

Based on the catch phrase "Those who eat Sardinian food live to 100 years", the book will have this as an underlining theme, based on the results of the many extensive, long standing and well respected world wide researches into longevity of life in the Southern Mediterranean.

It is widely known these researches have found that in view of its healthy diet and lifestyle qualities Sardinians are amongst those with the world's highest documented percentage of people who have passed the century threshold.

A Project Team has been established comprising Committee Members and outside Consultants close to the SCA, led by Christopher Baker - Project Manager and Paul Lostia - Responsible to the Region for the Project, with the aim of having the book available for sale leading up to the December 2019 Christmas period.

Therefore, over the next few months, many of you will be invited to provide your Recipes and tell your story.

Paolo Lostia - SCA President, thanks all

those who have been involved to date and will continue to do so, and in particular the RAS for having shown faith in the SCA by approving the Project, is looking forward to your contribution to the success of the Project



Congratulations

Congratulations to Pomodoro Sardo for winning the prestigious Best Italian Restaurant category at the 2018 Victoria and Tasmania Savour Australia Restaurant and Catering Host Plus Awards.

The 'Awards for Excellence' is a nationally recognised, independently judged awards program that celebrates exceptional service and culinary talent across the state.

The Awards for Excellence is the only program in Australia where the judging criteria is determined by consumers who rank what is important to them in the dining experience.

Business owner Stefano Rasso said he is extremely proud of his staff for this amazing achievement.

The SCA also congratulates Stefano and his team for receiving this award. Stefano and Pomodoro Sardo have been great supporters of the of the SCA for many years.

WELL DONE MARGHERITA & STEFANO !



For some time there continues to be numerous young Italians who, due to the lack of fruitful employment opportunities in Italy, arrive in Australia in an attempt to establish a meaningful future for themselves.

Many of these are Sardinians who, whilst holding the 'Mamma Regione' close to their



hearts, are doing everything possible to obtain work and residency, despite the many extremely difficult obstacles created by Australia's bureaucratic Visa requirements. Two of these are Margherita Sollai and Stefano Tocco a couple from Sardinia, who have been living in Melbourne since 2011.



During their Australian experience they realized that, although many people had heard of Sardinia, many had never actually visited it.

This was enough to trigger the creation of their business venture called - Sardinia Local Tours.

This has also fulfilled their desire to show and share their land with friends of all nationalities in Australia. Their University education in Tourism and Business Management and the experience gained in the hospitality industry over the years, both in Italy and Australia, has given the decisive impetus to the realisation of their courageous initiative.

Margherita is a qualified Wine Steward, while Stefano works as a Cafe Manager and part-time Fitness Coach.

Their passion for travel and adventure, food and good wine adds the ultimate touch to the Tours of Sardinia Local Tours. The Tours, in fact, represent the adventurous and courageous traits of Margherita and Stefano, who years ago decided to leave everything behind to move down under. Today Sardinia Local Tours is the most unique and exclusive way to enjoy the true Sardinia.

The SCA encourages you to contact Margherita and Stefano via telephone: 0422 230 163 or 0403 691 733 or Email: info@sardinialocaltours.com.au as well as having a look at their Website: www.sardinialocaltours.com.au

Bravi, wishing you all the very best in your most worthy endeavor !

Who is Christopher Baker, the newest SCA Committee member?



A fifth generation Australian, of Irish and English heritage he was born in Brisbane Queensland in April 1957.

On finishing school, he went to Griffith University where his Arts degree included a semester of learning Italian.

He moved to Melbourne in 1978 and completed a Dip.Ed. It was here that he met his soul mate, Kerri Hall, a country girl from Victoria's Mallee.

In 1983/84 Kerri and Christopher spent 12 months back-packing. This included three months in Italy. In 1990/91 they lived in northern England while he completed an MBA. To come home they drove to Italy where they lingered in Liguria and Tuscany.

His MBA helped him to secure an executive role at ANZ where he worked for over 7 years. On leaving ANZ he did a course in philanthropy at Swinburne University

and went on to do a PhD. In 2010 he began working at Swinburn teaching and researching.

While Kerri and Christopher had the good fortune to visit Italy on a number of occasions, a clear highlight was the month they spent on the magical isle of Sardinia in 2012.

Hope this helps to paint a picture of this new kid on the block. While some describe him as 'the Aussie' on the SCA committee, he is firmly of the view that if not indigenous, all other Australians are migrants or of migrant descent. As Christopher says "I am absolutely proud to be part of a multi-cultural Australia and I look forward in particular to contributing to the SCA".



From the President ...

Cari Amici,

Prima di tutto come lo scorso anno incomincio con un Buon 31mo. Anniversario SCA !, Anche in questa occasione ringrazio coloro di voi che avete partecipato al pranzo celebrando questo importante traguardo, svolto il 19 Agosto 2018 al ristorante Pomodoro Sardo, locale del nostro grande sostenitore - Stefano Rassu.

Questo e anche il momento di augurare a Stefano e la sua partener da lungo tempo - Nika Perc, tante belle cose, gia che tra poco si sposteranno in Slovenia, in presenza di alcuni componenti del nostro Direttivo, seguito dalla cosiddetta Luna di Miele in Sardegna

Mi auguro di vedere molti di voi al combinato Pranzo tra la SCA e il Toscana Club, quest'anno celebrando la Festa della Santa Croce, che si svolgerà il 16 Settembre 2018 alla Sede del Toscana Club.

Con l'intenzione di essere più breve del solito con questa mia relazione, però sempre includendo la mia cosiddetta contemplazione, in questa occasione ve ne presento le due che seguono:

* Che bello e stato vedere la grande squadra mondiale di soccorritori salvare i 12 ragazzi e il loro allenatore di calcio, nel mese di Luglio 2018. Anche se dispiace molto che un soccorritore e rimasto vittima, il risultato ha fatto vedere cosa si puo fare senza estrema Politica e Religione fondamentalista in un clima di rispetto per l'essere umano;

* Chiudo presentandovi le seguenti immagini implorandovi di non dimenticare di avere gran compassione con coloro che hanno lo stesso desiderio che avevate voi, o i vostri famigliari, in un mondo che oggi e in gran modo molto più complicato. Assolutamente non da confondere il refugiato/profugo con il terrorista!

Paolo Lostia



Oggi.



I nostri tempi.



Molto piu' prima.

Vale Iolanda Marcialis

The SCA has learnt of the recent passing of Mariangela Prib's mother, Iolanda Marcialis. May she rest in peace. Mariangela was until recently a Committee Member of the SCA.

The President and Committee, on behalf of SCA Members, extends to Mariangela, Jan and family deepest sympathy and sincere condolences and rest assured that our thoughts and prayers are with you all.

At the same time we congratulate Athena, Mariangela and Jan's daughter who till recently was the SCA's IT Officer, and Ben on the birth of their second child Adonis Jerry Comet Thompson on 14/6/18. He joins his little brother Elias as their family's second child.

We wish them all the best of health, and imagine that despite the recent emotional "roller coaster", the fact that Mariangela's mother was able to be part of this joyous event, even if for a very short time, was most welcomed by the family.

Feast of the Holy Cross

Once again the SCA in conjunction with the Toscana Social Club are celebrating the feast of the Holy Cross by way of a lunch showcasing the best of both Region's cuisines.

The lunch will be held at the Toscana Social Club, 273 Victoria Road Brunswick on Sunday 16 September at 12 noon.

A four course lunch which will include the famous Sardinian dessert, Seadas and assorted sweets served with coffee.

Adults: \$50, Children \$25 with beer, wine and soft drinks included.

Bookings essential by 10/09/18 with Giovanna Ruiu on 9336 1385.

Su Carrasegare comes to Banyule

The SCA holds a very successful exhibition in the city of Banyule. Su Carrasagare / Beyond the Masks. An exciting journey of discovery of the archaic masks, costumes and rites of pre Christian Sardinia,



The SCA, one of the many Cultural Groups within Banyule's rich Multicultural Community, is proud to have partnered with Banyule Council in presenting this Exhibition which was recently held at the Hatch Contemporary Arts Space, in Ivanhoe in the context of the *Storytellers From the Banyule Art Collection - Autumn/ Winter Banyule Arts & Culture Program*.



It is not the first time that the SCA has collaborated with Banyule Council, as in 2009 a similar partnership saw the painting of the mural titled *The Continuing Journey*, which still resides at the Post Office car park wall of Rosanna Village in Rosanna.

Many thanks go to Paola and Luca (pictured above), two young, relatively recent arrivals from Sardinia, for their dedication, passion and efforts in presenting *Su Carrasegare / Beyond the Masks*.

This Exhibition, which followed the equally successful one of the same theme held at COASIT's Italian Museum in Carlton earlier in the year, took you in an exciting journey of discovery of the beliefs and rites of pre-Christian Sardinia. You will see powerful images of the archaic masks and costumes still used today during Carnival, *Su Carrasegare*, in the villages of Barbagia in Sardinia. The etymological study of the origin of Sardinian words assists us to recapture the long lost meanings associated with these haunting masks, costumes and rituals.

The project has been achieved thanks to support from the SCA, and in turn the Autonomous Region of Sardinia, in collaboration with Banyule Council. A highlight during the Opening night, was some

members of the SCA wearing the folkloristic costumes of Sardinia.

To find out more about the Exhibition you can go to the Video Link - <https://www.youtube.com/watch?v=Qh1JoRxFAFI&t=6s>

Website Link website in ENGLISH - <https://sasartiglia.com/sardinian-words-and-their-secrets/?lang=en>
Website Link in ITALIAN <https://lucapisci.com/maschere-sarde.html>



111 Lonsdale Street Melbourne
Tel: 03 9663 8006
www.pomodorosardo.com.au

Supporter of the Sardinian Cultural Association

— PAUL'S —
BUTCHERY

Mill Park: Shop 79 Westfields Plenty Valley
Ph: 9436 6588

Supporter of the Sardinian Cultural Association



11 Goodyear Drive Thomastown 3051
Telephone: 1300 232 844

Supporter of the Sardinian Cultural Association

SARDINIAN CULTURAL ASSOCIATION (Vic) Inc.

Reg. No. AOO 14186M - ABN: 95 061 699 328

PO Box 136 HEIDELBERG VIC 3084 AUSTRALIA

Telephone: 61 3 9458 2614 - Facsimile: 61 3 9431 3235

Email: sardi.melbourne@bigpond.com www.sardi-melbourne.com

Editor: Angelo Ledda

NEXT GENERATION

Email: next.generation@optusnet.com.au

Facebook: @Sardinian Cultural Association Twitter: @SardCultAssoc



ENOTECA
SILENO
GASTRONOMIA DAL 1953

920 Lygon Street North Carlton
(Cnr Richardson Street)
Telephone: 9389 7000

Supporter of the Sardinian Cultural Association